

**WOOLWICH**



**Woolwich Wild  
Return to Hockey Plan  
September 14, 2020**

# RETURN TO HOCKEY PLAN

## Purpose

The purpose of this document is to provide guidelines and a path to return to hockey for Woolwich Girls Minor Hockey Association (WGMHA) gradually while considering the safety for all our Players, Coaches, Administrators and volunteers at the center of our plan and decision-making.

## General

This plan is, and will remain, in compliance with all laws, guidelines and recommendations from the Government of Ontario, Region of Waterloo Public Health, Hockey Canada, Ontario Women's Hockey Association (OWHA) and the Township of Woolwich.

This document builds on the Return to Hockey Protocols of OWHA and its guidelines set out within and is to be used in tandem with that document and includes programming at ice facilities within the Township of Woolwich:

- St. Jacobs Arena:
- Elmira Arena: forthcoming

The knowledge surrounding COVID-19 is evolving and therefore this plan will be updated regularly as circumstances change. For up to date information please visit:

- OWHA's website: <http://www.owha.on.ca/>
- Hockey Canada's website: <https://hockeycanada.ca/en-ca>

Should there be a discrepancy in information; the Woolwich Wild Return to Play Plan posted on our website ([www.woolwichwild.com](http://www.woolwichwild.com)) will be the source document. WGMHA must comply with the requirements of return to play and timing provided by the OWHA.

At this time, WGMHA will conduct its business in an on-line manner with meetings held virtually. Communications to members will be through on-line means.

## Disclaimer

The information in the document is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. The WGMHA make no representation and assume no responsibility in respect of the information concerning COVID-19 as the circumstances are constantly changing, and any information should be obtained from Public Health Authorities

## Section 1 WGMHA Operations

### Compliance with Regulations

WGMHA will follow the guidelines, laws, regulations, by-laws and orders from the Government of Canada, Government of Ontario, Region of Waterloo Public Health, Hockey Canada, OWHA, and the Township of Woolwich. WGMHA will update this document as circumstances change for these external parties and/or WGMHA.

### Compliance with these Protocols

Each coach, player, parent, staff and volunteer is responsible for implementing and complying with both OWHA and WGMHA protocols.

## COVID-19 Education

WGMHA will educate its coaching staff, players, parents and volunteers on the safety and hygiene protocols as laid out in **Appendix A “COVID-19 Education Resources”**. Every coaching staff member, parent and volunteer is required to review and keep themselves up to date with the materials in this Appendix. Information sessions and training on the Woolwich Wild Return to Hockey Plan including the COVID-19 Protocols will be held prior to coaching staff, players and parents return to the rink in September.

## COVID-19 Response Team

WGMHA has appointed the following individuals to the COVID-19 Response Team:

Name	Position
Chris McMillan	President
Kevin Schmitt	Past-President
Rebecca Metzger	Vice-President
Jacinta Faries	Scheduler
Sharon Keen	Promotions Committee
Kim Wiseman	Player Development & Well-Being Committee
Brad Martin	Coaching Committee
Kyle Rank	Coaching Committee
Sarah Hicks	Registrar

If anyone has questions about any aspect of the Return to Play (RTP) protocols or the policies and procedures related to COVID-19, they should contact the Woolwich Wild COVID-19 Response Team at [c19responseteam@woolwichwild.com](mailto:c19responseteam@woolwichwild.com)

## Self-Screening

All individuals (players, coaching staff, parents/guardians) must self-screen immediately before each on ice or off ice training using the **Appendix B: Woolwich Wild Health Screening Questionnaire**. This questionnaire will be sent to each player and these questions confirmed by the player to the trainer before every on ice and off ice activity. The plan is to automate this so it will be done online for all players and spectators.

## Reporting

If an individual fails the Woolwich Wild Health Screening Questionnaire at home, the individual should remain at home and inform the Trainer as quickly as possible. The individual should begin following the protocol in **Appendix C: Woolwich Wild COVID-19 Protocols**.

If an individual fails the Health Screening Questionnaire or becomes unwell with symptoms of COVID-19 while at the rink, they must inform the coach and trainer and the trainer will take charge of the situation. This may include sending the individual home and/or cancelling practice, etc.; including informing the Woolwich Wild COVID-19-Response Team immediately.

The Woolwich Wild COVID-19 Response Team will initiate and follow the Woolwich Wild COVID-19 Response Plan and will manage all communications pertaining to each report and inform the WGMHA Board of Directors and the Township of Woolwich (facility). Any required steps to be taken at the facility that will impact WGMHA staff, coaching staff, players, volunteers and families, will be communicated back to participants.

The Public Health Unit will inform other players and any other people who might have been in close contact with the individual, and advise not to participate in activities and follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

## **WGMHA Communication Plan**

The WGMHA Board has designated the President to be the public spokespersons for WGMHA in case of emergency (i.e. COVID-19 Outbreak declared at rink). WGMHA will post updates on the website under the COVID-19 section of the website and direct email lists used to communicate with the coaching staff, players, and their families.

Virtual town halls will be held with coaching staff and parents prior to returning to the ice and if necessary, when significant changes to the protocols or return to hockey plans occur.

If members need to be informed of a suspected or confirmed COVID-19 situation, this may be done by the Public Health Unit and/or Board of Directors or coaching staff to those players potentially affected. There may be a period of time where the program is shut-down to allow for cleaning and communicating in the case where a COVID-19 case is suspected or confirmed at any Woolwich Township facility.

All coaching staff and players are encouraged to consider their own mental health and anxiety about being together (but still physically distanced) at the rink as we return to hockey. All coaching staff and players need to respect the comfort levels of each other and are encouraged to be polite but forthcoming about their own mental health, and level of anxiety. Trainers are encouraged to voice any health and safety concern to the Head Coach with a cc to the Woolwich Wild COVID-19 Response Team at [c19responseteam@woolwichwild.com](mailto:c19responseteam@woolwichwild.com).

## **Training Groups**

At this time, tryouts are NOT permitted. The OWHA is only allowing Associations to form teams for administrative purposes. These administrative teams are referred to as training groups. Until WGMHA is able to form traditional teams, training groups will be established for programs offered by WGMHA. WGMHA registration is open to all Woolwich players from the 2019 -2020 season. Any new players must live within The Township of Woolwich.

When tryouts are permitted, there will be a process to form rostered teams and the WGMHA will adhere to the protocols and guidance of its governing agencies, specifically OWHA.

More specific information can be found in Section 2 – Programming

## **Scheduling**

All scheduling will be done through the Woolwich Wild website. Coaches will have access to training group pages to indicate their training group's specific information. The schedules will be created to allow for the required cleaning time required for each rink location as set out by the Township of Woolwich.

## **Multiple Facilities**

For the time being players will not be permitted to skate on the ice with any players from outside Waterloo Region unless these players are registered with WGMHA. Players will be asked not to participate in a Woolwich Wild activity if they have skated anywhere else that day. Players are not to visit multiple rinks in one day. This may be validated on the attendance sheet.

## **Facility Coordination**

Signage to address public health and safety will be placed around the rink by the Township of Woolwich. Directional signage will be developed and maintained by the Township. The Township of Woolwich will

clean dressing rooms, washrooms and high touch areas between groups. A thorough cleaning will be done by Township staff upon opening, between groups, and at the end of the evening.

For more details, please see the WMC and St. Jacobs Ice COVID Safety Plan package (September, 2020)

## Section 2 Programming

### Programming Starting September 2020

Return to Hockey at this stage will be limited to group training on and off ice and is subject to OWHA approvals and will follow what is permitted in the OWHA Return to Hockey Plan Stage 3.

[http://owha.pointstreaksites.com/files/uploaded\\_documents/3323/FINAL\\_-\\_RTH\\_Stage\\_3\\_\(Aug\\_19\\_2020\).pdf](http://owha.pointstreaksites.com/files/uploaded_documents/3323/FINAL_-_RTH_Stage_3_(Aug_19_2020).pdf)

Changes to programming will be communicated to members and families. At this time, the plan is to offer training groups on a rolling four-week basis in order to allow us to respond to any changes due to COVID-19. The Association plans to start with a minimum two-week development phase, in the hopes of modified 3 on 3 or 4 on 4 game play with no physical contact at some point after that (subject to Township of Woolwich and OWHA limitations while following Public Health guidelines).

### Training Groups

The WGMHA will form tiered training groups from the 2020-21 WGMHA registered players at U9, U11, U13, U15 and U18. U7 training groups will not be tiered. As per the OWHA, players will be assigned, by the WGMHA, to a training group and the Association will determine the best approach for tiered groups based on numbers and caliber of participants.

Training groups may be significantly larger than a traditionally rostered team as practices are being designed to accommodate the limited players per session as required by the Township of Woolwich. Initially ice-times will be the same for all training groups with the exception of U7. If this changes, we will communicate that information, as per the WGMHA communication plan, when we announce a new session.

For each training group:

- The association and coaches will segment the group into size-appropriate practice sessions and define practices appropriate to the ice limitations for size, time and numbers
- regular ice times will be allocated to each training group as is association practice, modified by new available ice and access restrictions
- aiming for two ice-times per week for U9-U18 and one ice time per week for U7 (dependent upon ice availability)

These groups are being formed for the purposes of assembling practice plans, ice allocations, flexible grouping sizes and coaching leadership appropriate to level, skill and the current uncertainty around return to play possibilities later in the year. Training Groups may change size and composition as circumstances evolve and the WGMHA will continue to make every effort to follow Public Health, Township of Woolwich and OWHA guidelines for a safe transition.

These groups are NOT tryout groups and are NOT teams - they are groups for WGMHA player training purposes. As more information becomes available, training may include 3 on 3 and/or 4 on 4 modified game play (subject to facility and OWHA limitations).

Should circumstances evolve to the point where rostered game play becomes a reality and tryouts are permitted, there will be a process to form rostered teams and WGMHA will adhere to the protocols and guidelines of its governing agencies, specifically OWHA.

## Try-outs and Evaluations

No Rep Try-outs or Local League evaluations are being scheduled at this time.

## Limitations on size of Training Groups

All training sessions must follow provincial and local public health as well as facility guidelines with respect to the size of gatherings. Limitation on size of training groups able to use the ice or facility may vary due to size of facility and location of facility. Protocols may vary across the province by region.

WGMHA and the Township of Woolwich will consider the gradual increasing of numbers of individuals on the ice. Adjustments to the numbers allowed on the ice may change as Public Health and the Township of Woolwich regulations permit. As of September 28<sup>th</sup>, 2020, the Township of Woolwich is allowing the following:

- a maximum of 25 people on the ice; this includes all coaches, instructors, trainers, helpers and referees, and
- only 1 spectator/parent/guardian per on ice participant under the age of 18 (to a maximum of 25).

WGMHA will follow the Township of Woolwich best practices in all city facilities. Changes may occur as numbers increase up to the maximum allowed by either OWHA or the Township of Woolwich up to the maximum allowed in a gathering by the province on Ontario.

## On and Off-Ice Activities

### Facility Access

All players, coaches, parents/guardians, staff and volunteers are required to enter through facility-designated entrances. Coaches, player's parents/guardians, staff and volunteers will exit through facility-designated exits. Please see the facility layout and flow through diagrams in **Appendix D** for the St. Jacobs Arena and the WMC.

Signage is posted outside reminding players of self-screening. Parents, team staff and parents/guardians are instructed to complete the WGMHA's Health Screening Questionnaire for themselves and/or their child at home, immediately before they leave for the rink.

Meet your coach outside the facility-designated entrance 15 minutes prior to the session. **If you are late, you will not be allowed in.** Please listen and be respectful.

- Players should come fully dressed, carrying skates, stick, chest protector, helmet & water bottle only.
- Upon arrival, and before entering the facility, the Training Group will be met by a Township of Woolwich Safety Ambassador who will check in, document and screen one team staff member. Once this is complete, that team staff member will check in **all players and spectators**.
- Players and spectators will need to confirm that the Health Questionnaire was completed successfully at home. The team staff member will record attendance, contact information and if each person has passed the health questionnaire on the WGMHA's attendance form (**Appendix E**). The coach or trainer must send the attendance sheet to the COVID-19 response team at [c19responseteam@woolwichwild.com](mailto:c19responseteam@woolwichwild.com) immediately following the ice time.
- One parent/guardian per player is permitted into the facility as a spectator and to accompany/assist with equipment for children under 18 years who need it. If no assistance is

required for equipment we would encourage drop off and pick up at the doors.

- All players, coaches and spectators MUST wear a face covering as per the Regional Face Covering By-Law while in the facility. Masks may be removed and stored in a Ziploc bag or other protective barrier while on the ice.
- All participants and spectators will be asked to use hand sanitizer prior to entering the facility.
- The players will then proceed to the assigned dressing rooms. Only 8 players are permitted in one dressing room. Multiple dressing rooms will be assigned to each Training Group. This is where players can put on their skates, chest protector and helmet. When leaving the ice, players will return to their location to remove skates, helmet and put shoes and mask back on.
- Spectators should proceed directly to the stands and will not be allowed to watch from the lobby. Spectators are required to maintain two metre physical distancing from all other spectators.
- You may leave the facility at any time, but once you leave you will not be permitted to re-enter.
- Except for player water bottles, please do not bring any outside food or beverage.
- There will be a designated washroom for emergencies only and signage will be posted.
- All players and spectators are to depart the facility no more than 10 minutes after the end of their ice time. Everyone must be recorded on the Attendance Form as they exit.
- Parent gatherings during pick up and drop off are strongly discouraged.
- There will be no warm-ups or dryland training allowed in the facility.

Please also see the Township of Woolwich WMC/St. Jacobs Arena 'Safety Info for Participants/Spectators' documents posted on our website under the COVID-19 tab.

## Physical Distancing

All participants, staff and spectators must make every effort to maintain at least two meters away from others. The Region of Waterloo Face Mask By-law will be in effect in all indoor Woolwich Township recreation facilities.

Players and Coaches are required to maintain a physical distance of at least two meters from any other player and coach at all times during the session. All coaching should be done using verbal cues.

## Player Absence

If the Trainer is aware that a player will be absent, they should e-mail the Coach and note it on the attendance sheet. If any player or coaching staff unexpectedly miss a session, one of the coaches should notify [c19responseteam@woolwichwild.com](mailto:c19responseteam@woolwichwild.com) no later than the end of the ice session. Within 24 hours, a member of the COVID-19 Response Team will follow up with the coach/player or their family by e-mail and/or phone. If the reason for not attending is related to physical health, the member of the COVID-19 Team will notify the WGMHA President immediately.

## Personal Hygiene

Players and coaching staff are encouraged to practice hand washing and good personal hygiene. Trainers will be provided with hand sanitizer, gloves and extra masks to be available as needed during the training session. The Township of Woolwich will have hand sanitizer available. WGMHA will order extra cleaning supplies for use by Trainers and staff as required.

## Warm-up/Cool down

Warm ups and cool downs will need to take place prior to the start of session either at home or outside the building while maintaining physical distance requirements. Coaches are asked to be in contact with their players to remind them of proper warm-up exercises to ensure their health and safety.

## **Personal Protective Equipment – Face Masks**

The Region of Waterloo passed a bylaw Number 20-035 which is a by-law to require the wearing of face coverings in enclosed public places. This makes it mandatory for everyone (with a few exceptions) to wear masks when indoors. The exception that is particularly notable for WGMHA is that the by-law allows an exception for “A person engaged in a sport or other strenuous physical activity”.

Players and Coaches must keep their masks on while putting skates on and off. When a player puts on their helmet, they can remove their mask. When coaching staff go on the ice, they can remove their mask. This must be put back on carefully as soon as you get off the ice. This applies to all coaches and players.

Parents/guardians watching the training session must keep their masks on at all times.

It is the responsibility of all players and coaches to store the mask in a sealed bag (e.g. Ziploc) when not being worn. Additional masks are the responsibility of each player and coach, Parents/Guardians are responsible for supplying their own mask while at Woolwich Wild activities. The mask and bag should be washed after every session.

## **Dressing Rooms**

Dressing Rooms are open for limited use. Players and coaches must come to the rink ready to go on the ice with the exception of skates, chest protector and helmet.

Only 8 players are permitted in one dressing room. Multiple dressing rooms will be assigned to each Training Group. An open door policy will be adhered to at all times do please refrain from bringing any valuables into the facility. No shower use will be allowed.

## **Skates On/Off**

Players and coaches may put their skates on/remove their skates in the dressing room. If a player is unable to tie their own skates, their parent may go to the dressing room to tie them.

## **Personal Items**

You are allowed a small bag to carry your skates, gloves, chest protector, water bottles and helmet. A goalie may use a larger bag for their blocker, trapper and goalie pads.

It is recommended players bring their own personal tissues, water bottle, hand sanitizer and mask. These should be in small containers that can be easily sanitized upon leaving the rink and before returning. Players and coaches must have their own closed containers (i.e. Ziploc bag) for disposing of used personal items such as tissues. These must be disposed of at home.

## **Pucks and Pylons**

All pucks and pylons and training aids will be managed by the coaching staff. Players are not to pick up the pucks with their hands. Goalies are able to “block and catch” pucks as they would normally in the course of drills.

## **On-Ice Coaching**

Every coach will be responsible for developing/modifying training plans to the current fitness level and capabilities of every player in order to avoid injury.

As a reminder, the Two Deep Rule must be followed at all times in accordance with OWHA and WGMHA policy. A trainer must be present at each training session (on and off ice). One of the coaching staff (Coach or trainer, must be female).





# Appendix A

## COVID-19 EDUCATION RESOURCE

The WGMHA COVID-19 Response Team will ensure that staff, coaches, players, parents, members and volunteers receive education on new safety and hygiene protocols within the Association. Members will be provided Government-approved information on ways to limit the spread of COVID-19.

It is everyone’s responsibility to ensure that they regularly check and familiarize themselves with the most up to date information contained in these resources. The following links provide helpful information for staff, coaches, players, parents, members and volunteers:

**Ontario Public Health Public Resources:**

<https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases>

The following resources are also available on the Ontario Public Health Website. Please ensure you are using the most up-to-date version of these tools by consulting the address above.

Topic	Tool
Hand Hygiene	<a href="https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-hand-hygiene.pdf?la=en">https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-hand-hygiene.pdf?la=en</a>
Physical Distancing	<a href="https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-guide-physical-distancing.pdf?la=en">https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-guide-physical-distancing.pdf?la=en</a>
How to self-monitor	<a href="https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-self-monitor.pdf?la=en">https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-self-monitor.pdf?la=en</a>
When and How to Wear a Mask	<a href="https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-how-to-wear-mask.pdf?la=en">https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-how-to-wear-mask.pdf?la=en</a>
How to Self-Isolate	<a href="https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-how-to-self-isolate.pdf?la=en">https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-how-to-self-isolate.pdf?la=en</a>

**Ministry of Health – Ontario: COVID-19 Reference Document for Symptoms:**

[http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019\\_reference\\_doc\\_symptoms.pdf](http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_reference_doc_symptoms.pdf)

**Ontario COVID-19 Online Self-assessment Tool:** <https://covid-19.ontario.ca/self-assessment/>

**Ontario Women’s Hockey Association Website:** <http://www.owha.on.ca/>

**Region of Waterloo COVID-19:** <https://www.regionofwaterloo.ca/en/health-and-wellness/2019-novel-coronavirus.aspx>



## Appendix B

### HEALTH SCREENING FORM HEALTH SCREENING QUESTIONNAIRE

**This questionnaire must be completed by each individual prior to participation in each on-ice or off-ice activity.**

**Your trainer will ask you to confirm that you have completed the questionnaire and answered no to all questions before you will be permitted to participate in the activity.**

**If you have answered yes to any of the questions, please inform your Trainer or Coach prior to coming to the arena.**

Are you currently experiencing any of these issues? Call 911 if you are:

1. Experiencing severe difficulty breathing (struggling for each breath, can only speak in single words)
2. Experiencing severe chest pain (constant tightness or crushing sensation)
3. Feeling confused or unsure of where you are
4. Losing consciousness

If you are in any of the following at risk groups, we ask that you speak with your physician prior to participating.

1. 70 years old or older
2. Getting treatment that compromises (weakens) your immune system (for example, chemotherapy, medication for transplants, corticosteroids, TNF inhibitors)
3. Having a condition that compromises (weakens) your immune system (for example, diabetes, emphysema, asthma, heart condition)
4. Regularly going to a hospital or health care setting for a treatment (for example, dialysis, surgery, cancer treatment)

The answer to all questions must be "No" in order to participate in each on-ice activity.

1. Are you experiencing any of these symptoms?

Do you have a fever? (Feeling hot to the touch, a temperature of 37.8C or higher)

Yes                      No

Chills

Yes                      No

Cough that's new or worsening (continuous, more than usual)

Yes                      No



## Appendix B

### HEALTH SCREENING FORM HEALTH SCREENING QUESTIONNAIRE

Barking cough, making a whistling noise when breathing (croup)

Yes            No

Shortness of breath (out of breath, unable to breathe deeply)

Yes            No

Sore throat

Yes            No

Difficulty swallowing

Yes            No

Runny nose, sneezing or nasal congestion (not related to seasonal allergies or other known causes or conditions)

Yes            No

Lost sense of taste or smell

Yes            No

Pink eye (conjunctivitis)

Yes            No

Headache that is unusual or long lasting

Yes            No

Digestive issues (nausea/vomiting, diarrhea, stomach pain)

Yes            No

Muscle aches

Yes            No

Extreme tiredness that is unusual (fatigue, lack of energy)

Yes            No

Falling down often

Yes            No

For young children and infants: sluggishness or lack of appetite

Yes            No



## Appendix B

### HEALTH SCREENING FORM HEALTH SCREENING QUESTIONNAIRE

For the remaining questions, close physical contact means: Being less than 2 meters away in the same room, workspace, or area for over 15 minutes or living in the same home.

2. In the last 14 days, have you been in close physical contact with someone who tested positive for COVID-19?

Yes                  No

3. In the last 14 days, have you been in close physical contact with a person who either:
- Is currently sick with a new cough, fever, or difficulty breathing; OR Returned from outside of Canada in the last 2 weeks?

Yes                  No

4. Have you travelled outside of Canada in the last 14 days?

Yes                  No

If an individual has answered “**Yes**” to any of these questions, **they are not permitted to participate in any on-ice or off-ice activities**. Please call your trainer immediately and let them know that you have responded positively to questions in the Health Screening Questionnaire.

*Please note: This Health Screening questionnaire has been developed based on the Ontario Ministry of Health Self-Assessment Tool (June 17, 2020).*



# Appendix C

## Woolwich Girls Minor Hockey Association

### COVID-19 PROTOCOLS

Woolwich Girls Minor Hockey Association (WGMHA) puts the health and safety of all players, coaches, parents, and volunteers first and foremost. These protocols are designed to ensure a healthy and safe environment for all participants. All members of WGMHA are responsible for ensuring compliance with these protocols as well as following Waterloo Public Health guidelines at all times.

#### **An individual becomes unwell with symptoms of COVID-19**

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in WGMHA hockey activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting.
- An e-mail should be sent to the WGMHA COVID-19 Response Team ([c19responseteam@woolwichwild.com](mailto:c19responseteam@woolwichwild.com)) to inform them of the situation. A member of the COVID-19 Response Team will contact the individual or their parent/guardian to determine if next steps are being taken regarding testing.
- The WGMHA President will inform the OWHA President and/or Director of Operations of the situation as soon as possible.

#### **An individual is tested for COVID-19**

- Any individual that is part of a hockey program that has been tested for COVID-19 must not participate in hockey activities while waiting for the results of the test and not until a negative test result is received.
- A member of the WGMHA COVID-19 Response team will consult the Session Attendance tracking sheets to inform other participants who might have been in close contact with the individual.
- Any association/team members who were in close contact with the individual should not participate in hockey activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals.

#### **An individual tests positive for COVID-19**

- If an individual tests positive for COVID-19, they should inform a member of the WGMHA COVID-19 Response Team.
- The WGMHA COVID-19 Response Team will work where requested with the facility and public health officials to assist in contact tracing. The Session Attendance tracking sheets may be used to assist public health officials in informing other members who may have been in close contact with the individual.



# Appendix C

## Woolwich Girls Minor Hockey Association

### COVID-19 PROTOCOLS

- The WGMHA COVID-19 Response Team will work with the specific team, player and family. Any association/team members who were in close contact with the individual should not participate in hockey activities for 14 days and should follow public health guidelines regarding self-isolation and testing.
- The WGMHA President will inform all members of a positive COVID-19 result within the hockey program setting.
- The WGMHA COVID-19 Response Team will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- The WGMHA President will inform OWHA of a positive COVID-19 diagnosis by e-mailing team@owha.on.ca.

#### **Return to hockey activities following illness**

- If no test was performed, or the COVID-19 test was negative, the individual may only return to hockey activities once they go 24 hours with no symptoms of COVID-19.
- Training Group Trainers will confirm with the player and family when return to hockey is appropriate.

#### **Return to hockey activities following COVID-19**

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.
- Currently public health is recommending the full 14 days of self-isolation or until 24 hours symptom free, whatever is later.

#### **Modification/restriction/postponing or canceling of hockey development activities**

- Based on the evolving COVID-19 pandemic, the WGMHA are prepared to follow public health, municipal/provincial government, and sport recommendations regarding modifying/restricting/postponing or canceling activities.
- WGMHA will be establishing a program cancellation policy and share this information on the website.
- Players, coaching staff, staff and volunteers will be informed via e-mail as soon as possible of any modifications/restrictions or cancellations.
- WGMHA will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government, or sport officials.



# Appendix C

## Woolwich Girls Minor Hockey Association

### COVID-19 Protocols

#### Public Health Guidelines

WGMHA members must follow *all Region of Waterloo Public Health guidelines regarding COVID-19. These may include:*

- Any association/team members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in club/skating school activities for 14 days.
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in hockey activities for 14 days.
- Any individual with symptoms of COVID-19 is not permitted to take part in hockey activities.
- Any individual who has someone in their household showing symptoms of COVID-19, should not participate in hockey activities.



# Appendix D

## Township of Woolwich

### Facility Layout and Flow Through

All players and spectators are expected to follow a flow through the facility using designated entrances and exits in order to maintain physical distancing and minimize risk of contamination.

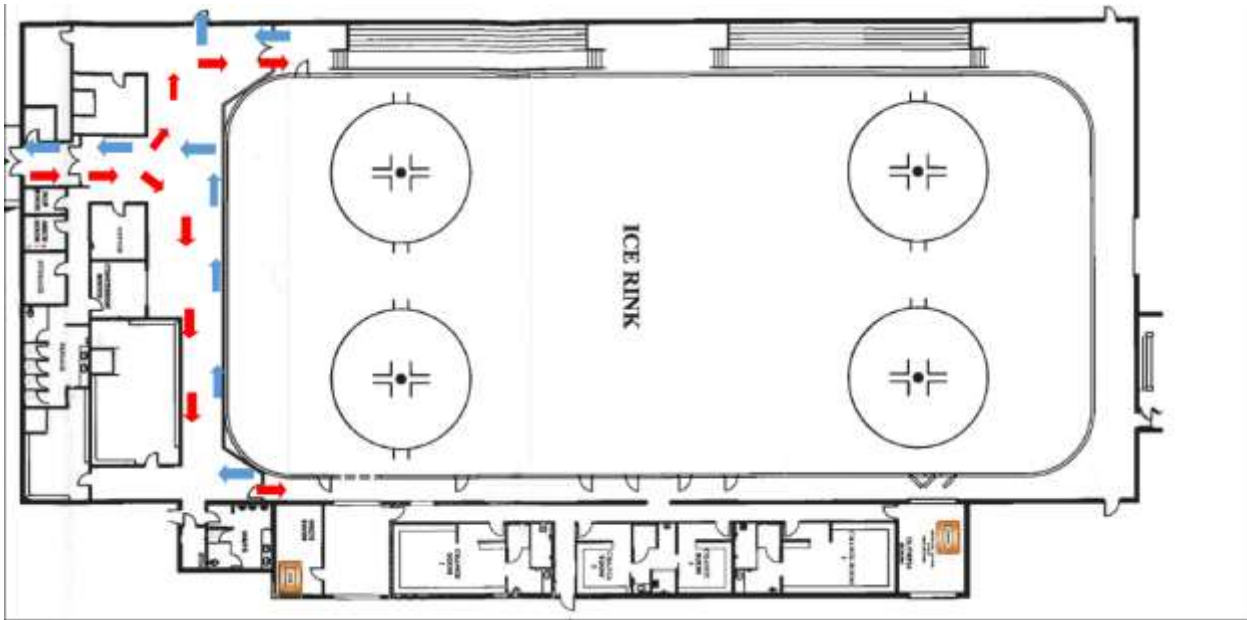
#### Woolwich Memorial Complex

### B Ice User & Spectator Entrance





# St. Jacobs Arena



# APPENDIX E

## WOOLWICH WILD/OWHA

### COVID-19

#### LIST OF ALL PEOPLE IN ATTENDANCE



DATE OF ACTIVITY: \_\_\_\_\_ TIME FRAME: \_\_\_\_\_ TRAINING GROUP NAME: \_\_\_\_\_

PLACE: \_\_\_\_\_ LEAD PERSON: \_\_\_\_\_

#	NAME OF PERSON IN ATTENDANCE	ROLE (Player, Staff, Parent)	CONTACT PHONE NUMBER	CONTACT EMAIL	SCREENING STATUS If not pass, sent home.	IN	OUT
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							

SCAN AND EMAIL TO [c19responseteam@woolwichwild.com](mailto:c19responseteam@woolwichwild.com) immediately after activity.